

# Keeping Clean



In today's Gospel reading Jesus tells the Pharisees that having your soul clean from sins is more important than keeping your body clean!

But that doesn't mean that we should be dirty! God wants us to keep our bodies and our souls clean. We keep our bodies clean when we wash our hands or take a bath. Do you know how we keep our souls clean?



When someone does a big sin he or she needs to go to confession to get cleaned up. Confession cleans away our little sins too. Other things that take away small sins are going to Holy Communion, praying, and blessing ourselves with holy water.



Answers to True or False:  
1.false 2.true 3.true 4.true  
5.false 6.true 7.true



22<sup>ND</sup> SUNDAY IN ORDINARY TIME  
SEPTEMBER 1<sup>ST</sup> 2024

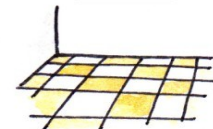
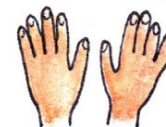


Mark 7:1-8,  
14-15, 21-23

*The Jews knew that it was important to keep their bodies and their dishes clean. But Jesus told them that something else was more important. What was it?*

Match the letters from the top pictures with the things they clean at the bottom of the page to find out what is the most important thing to keep clean!

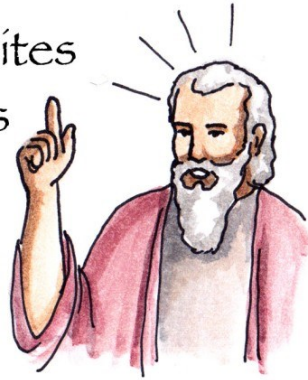
Your \_\_\_\_\_ !



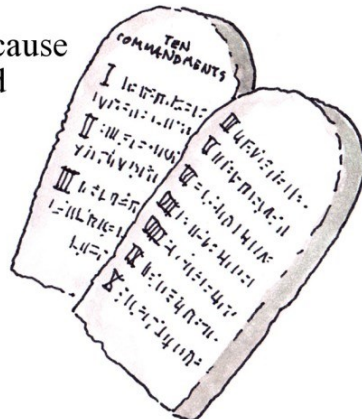
# Moses Tells the Israelites to Follow God's Laws

## True or False

*How much do you know about God's  
commandments for the Israelites?  
See if you know which of these are true  
and which are false:*



1. Moses only taught some of the people of Israel that they had to obey the commandments that God gave them. True or false?
2. The people had to obey God's laws if they wanted to live in the land that He was giving them. True or false?
3. Moses said that they were not allowed to add to God's law, nor take away from it. True or false?
4. If the people obeyed God's commandments then all the other nations would see that they were wise. True or false?
5. The laws that God gave the people of Israel were unfair. True or false?
6. God gave His people laws because He cared for them and wanted what was best for them. True or false?
7. We should obey God's commandments because they tell us how to live well. True or false?



*Deuteronomy 4:1-2, 6-8*

Did you know that GOD gave us ten rules to live by so that we can be really happy? He gave them to a man named Moses and GOD wrote them on two pieces of stone. Can you colour in the picture of Moses with the two pieces of stone and the Ten Commandments of GOD?

