







### Ballymount, Crookstown, Kilmead & Moone

## Parish Bulletin - 23 Sunday in Ordinary Time - Sunday 8th September 2024

#### THE PARISH TEAM:

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### PARISH SECRETARIES

BER MURPHY & TRISH HOLLIGAN -

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#### MASS TIMES

MOONE TUESDAY 10AM - Liturgy of the Word with Holy Communion

MASS TIMES IN NARRAGHMORE & MOONE

ST JOSEPH'S BALLYMOUNT: Sunday 8:30am

### Ss Mary & Lawrence Crookstown:

Saturday 7pm (Vigil)

Wednesday & Friday: 9.30am

ST ITA'S KILMEAD: Sunday 10.30am Mass is celebrated most weekdays at 10am but is subject to change

MOONE TUESDAY 10AM - Liturgy of the Word with Holy Communion

Most Blessed Trinity Moone: Sunday 12noon. Holy Day: 11am

### **BAYSIDE ALPHA**

Bayside Alpha are hosting on Zoom Bishop Barron's 6 week film series 'Conversion Following the Call of Christ', starting on Sunday the 15th of September from 7:30pm to 8:30pm. Bishop **Barron** illuminates six biblical conversion, stories of demonstrating how ordinary people were met by Jesus where they were and called to a better life through Him. To join this free course

at alphabayside@gmail.com

### **Revised Opening Hours of** the Parish Office:

Crookstown & Ballymount Committee Finance addressing the critical state Crookstown of Ballymount Church finances. To reduce some of the running costs of the parish, it is reducing the opening hours of the Parish Office. Starting Monday 23<sup>rd</sup> September the opening hours Monday, Tuesday and Wednesday 10am -3pm. Thursday, closed Friday 10am - 2pm.

### **INTENTIONS SATURDAY & SUNDAY Recently Deceased:**

Patricia (Patty) Ging Gabriel (Gay) Nolan

### **CROOKSTOWN 7PM**

Sr. Mary Ghent (OSM) Agnes Chambers (née Ghent) **Patrick Chambers** Joe Swaine (5thA) Eileen Hickey (A) Margaret (Marge) Lawler -Crookstown (A)

### **BALLYMOUNT 8.30AM**

Matthew Doyle - Blackrath (A)

### Kilmead 10:30am

Jimmy Behan (A)

Recently Deceased: Patricia (Patty) Ging

### MOONE 12:00NOON

Peter Moore - Irishtown (A) Edward (Ned) Connolly (1st A) Recently Deceased: Gabriel (Gay) Nolan



### Catechetical Corner - "Body Talk"

When we come to mass we pray, not just with our lips, or even just with our minds and hearts; which is after all the definition of prayer: 'raising the mind and heart to GOD', but we pray too with our bodies. Christ became flesh, became human and so raised the dignity of our bodies to something truly wonderful. That is why St Paul says: "Use your body for the glory of GOD." (1 Cor.6:20). So when we come to mass or indeed when we take time to just pray, we use various bodily postures and gestures so that we involve the whole person; mind, heart, soul and body. So what are these bodily postures/gestures that we use and how important are they? When we come into the church we should, if we are able, genuflect to the tabernacle. If we cannot genuflect or bow. When we genuflect we are 'bending the knee to Jesus' and so to the Father. It is an act of humility before GOD, a statement of willingness to serve GOD and of love for GOD.

The next thing we usually do is to make the sign of the cross. "By signing ourselves with the Cross, we place ourselves under the protection of the Cross, hold it in front of us like a shield that will guard us in all the distress of daily life and give us the courage to go on" (Pope Emeritus Benedict XVI). When the priest makes the sign of the Cross he is very much linking himself to the cross. You may have noticed that there is a small crucifix on the Altar, it is either two sided, in other words a corpus on both sides, or it faces the priest only. This is to remind the priest that he too, must unite and give himself in sacrifice, just like Christ. That he too is to be a sacrificial victim for his 'flock'.

In addition to the sign of the cross we stand, or sit or kneel at various times throughout the liturgy, strike our breast or join our hands. Each of which has it's own proper place and significance. One gesture that we may do often by habit and even mechanically, is making the sign of the cross on our forehead, our lips and our chest as the Gospel is announced. This simple gesture is highly symbolic and is a prayer in itself, namely that the Word of GOD would be on our minds, on our lips and in our hearts, what a beautiful prayer.

Other bodily gestures include the priest extending his arms in what is called the 'Orans' or 'let us pray' gesture. A very ancient gesture dating back to Old Testament times. Pope Emeritus Benedict XVI explains it very beautifully: "...the priest's outstretched hands remind us of Christ outstretched on the cross, opening his arms and drawing us to Himself. Indeed, the cross adds depth to this simple gesture of prayer. As the priest offers the sacrifice to God, his symbolic gesture of uniting himself to the cross is a resolution to pray with the Crucified and unite himself with Christ." Our gestures, our bodily postures have meaning, psychology calls it body language. What is your body language saying about you at Holy Mass?

### Saint of the Week - Saint John Chrysostom

Almighty God, who has given us grace at this time with one accord to make our common supplications to you and promised that when two or three are gathered together in your name you will grant their requests: Fulfill now, O Lord, the desires and petitions of your servants, as may be most expedient for them; granting us in this world knowledge of your truth, and in the world to come life everlasting. Amen.

# BUILDING HOPE WITH OPEN HEARTS

Archbishop Farrell's Pastoral Letter Building Hope with Open **Hearts** can be found at https:// dublindiocese.ie/building-hopewith-open-hearts. launches It across the Archdiocese significant new phase of the Building Hope pastoral renewal initiative, and will be followed this month by the publication of Building the Hope **Pastoral** Strategic Planning Resource 2025 -2027 and associated Workshops. It also references the World Day of Prayer for Creation 2024.

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