Hidden Blessings

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In today's Gospel reading Jesus tells us that people who are poor, hungry, or sad are blessed! Do they sound blessed to you?

Bad things that happen to us have hidden blessings in them. If you are poor then your family and friends are

more important to you than money and things. If you are hungry then you appreciate food more. If you are sad then sometimes it's easier to remember to pray.

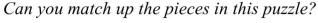
But things that seem bad have another hidden blessing in them- when you are suffering, you can give your sadness or hurt to Jesus. Tell Him you are offering it up along with Him on the cross. He will give you grace to make your soul stronger. You can offer things up for other people too, and God will use your gift to help them!

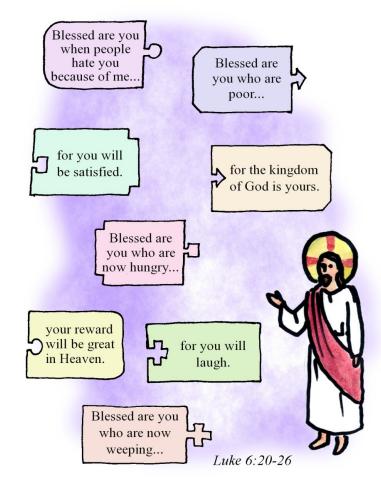
Next time you feel unhappy about something, try to find the hidden blessing!

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Answers to Cross-Word puzzle: Across: 3.who 5.trusts 8.cursed 10.year 11.that 13.barren 14.but 17.beings 19.roots 21.heat Down: 1.green 2.is 4.his 6.stream 7.human 9.distress 11.tree 12.he 14.beside 15.Lord 16.from 17.bush 18.in 20.it

Trust in the Lord **Cross-Word**

it

is

who

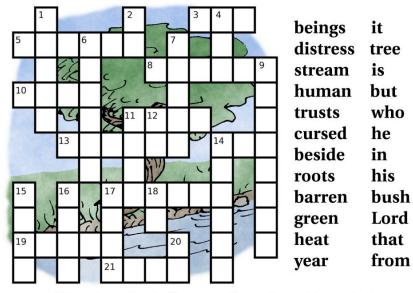
he in

his

Lord

that

from



Here is today's first reading, from Jeremiah. Fill in the blanks using the words from the list and fit them into the puzzle.

Thus says the Lord:

8a is the one who trusts in 7d 17a . 3a seeks 4d strength 18d flesh, whose heart turns away 16d the Lord. 12d is like a 13a 17d in the desert 11a enjoys no change of season, 14a stands in a lava waste, a salt and empty earth. Blessed is the one who 5a in the Lord, whose hope is the 15d. He 2d like a 11d planted 14d the waters that stretches out its 19a to the 6d : it fears not the 21a when 20d comes; its leaves stay 1d ; in the 10a of drought it shows no 9d but stll bears fruit.

Today Jesus tells us how to 'Bee' happy. Can you colour in the Happy Bees around the Happiness Hive? How many Bees can you count. Write your answer here: How many Bees are there?

