

Lent:

Getting ready for Jesus' death and resurrection

Lent is the special time when we prepare for the celebration of Jesus' passion, death and resurrection. We get our souls ready by doing prayer, fasting, and almsgiving.

Prayer is talking with God. We need to talk with God even more than we need to talk to our family and friends. Lent is a good time to get into a habit of talking with God every day.



Fasting is eating less than you normally would. It's a good idea to give up a little something you like for Lent. Giving things up helps us remember we need God, not just food.



Almsgiving means giving to those who are in need. It helps us to be generous like God. Maybe you have a bit of money you can give to the poor or to the Church.



Answers to True or False: 1. true, 2. false, 3. false, 4. true, 5. true, 6. false, 7. false.



1ST SUNDAY IN LENT
MARCH 9TH 2025



Luke 4:1-13

Jesus spent 40 days in the desert preparing for His work. During Lent we spend 40 days getting ready to celebrate Jesus' death and resurrection.

Can you find your way into the desert to be with Jesus?

Jesus Was Tempted by the Devil: True or False?

How well do you know the story from today's Gospel reading?

1. Jesus went to the desert and didn't eat anything for 40 days. True or False?
2. Jesus was never tempted by the devil. True or False?
3. Jesus wasn't hungry, even after 40 days with no food. True or False?
4. The devil said that all the kingdoms of the world belonged to him. True or False?
5. Jesus said that He would only worship the devil if he gave Him all the power first. True or False?
6. Jesus wouldn't throw Himself off the Temple because He said it was "putting God to the test." True or False?
7. The devil kept bothering Jesus, even when he ran out of things to tempt him about. True or False?



In our Gospel story today we hear how Jesus spent 40 days in the desert. It was very hot and he had no food. Can you colour in the picture of Jesus in the desert and the angels who came to help Him?

**Jesus is tempted
in the desert.**

