

# The Faith Communities of:









Ballymount, Crookstown, Kilmead & Moone

## Parish Bulletin - 1st Sunday of Lent - 9t March 2025

#### THE PARISH TEAM:

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#### PARISH SECRETARIES

## BER MURPHY & BETTY MURPHY

Mon, Tues, Wed 10am - 3pm, closed Thurs, Fri 10am - 2pm. Ss. Mary & Laurence Church, Crookstown,

Tel:0598623154.

Email:stlaurenceschurch@gmail.com

# St. Laurence's Gaa Reschedule Venue: The Old Clubhouse m Date: Tuesday 11th March Time: 7:30 pm Everyone Welcome Players Members Ex Players Parents Supporters Coaches What it involves Facilitated open

## **Lectio Divina for Lent**

Lectio Divina will begin on Wednesday 12th March in Ss. Mary & Laurence's Church Crookstown after Mass and Rosary. All are welcome

## **MASS TIMES**

MOONE TUESDAY 10AM - Liturgy of the Word with Holy Communion

MASS TIMES IN NARRAGHMORE & MOONE

ST JOSEPH'S BALLYMOUNT: Sunday 8:30am

Ss Mary & Lawrence Crookstown:

Saturday 7pm (Vigil)

Wednesday & Friday: 9.30am

ST ITA'S KILMEAD: Sunday 10.30am Mass is celebrated most weekdays at 10am but is subject to change

MOONE TUESDAY 10AM - Liturgy of the Word with Holy Communion

Most Blessed Trinity Moone:

Sunday 12noon. Holy Day: 11am

## **LENTEN PRAYER NIGHTS**

Lenten prayer nights will begin on Wednesday the 12th March in the Church of the Blessed Trinity, Moone at 7:00pm. The theme of our Lenten Prayer nights is The Jubilee of Hope, during this Lent may we find hope in all we see and all we do. We must fan the flame of hope that has been given us. All are welcome.

## INTENTIONS SATURDAY & SUNDAY

#### **CROOKSTOWN 7PM**

James Leigh - Kingsland(82A) Maureen McGann(1stA) and her husband John whose anniversary occurs around this time. Bridie Keogh - Lipstown (A) Julia Keogh - Grangecon Willie Doyle - Mullaghmast (A) Tommy and James O' Mara Nina & Pat Harney (A) Paddy Brennan (A) Edward Lawlor (A) Michael Mooney (A) Daisy Rooney (6th A) Patrick O' Gorman (A)

## Kilmead 10:30am

Lil (Elizabeth) Kelly (Months Mind)

## Moone 12:00 noon

James Martin - Moone (A) Elizabeth Byrne (A) Michael Timmons (A)

## **Parish Office Opening Times**

The parish office in Crookstown will be closed from Tuesday 11th March to Tuesday 18th March and will reopen on Wednesday 19th March.

## **Holy Hour Crookstown**

Holy Hour takes place every Tuesday evening from 7pm-8pm all are welcome.



#### **Jubilee of Hope Prayer**

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Father in heaven,
may the faith you have given us in
your son, Jesus Christ, our brother,
and the flame of charity enkindled
in our hearts by the Holy Spirit,
reawaken in us the blessed hope
for the coming of your kingdom.

May your grace transform us into tireless cultivators of the seeds of the Gospel. May those seeds transform from within both humanity and the whole cosmos in the sure expectation of a new heaven and a new earth, when, with the powers of Evil vanquished, your glory will shine eternally.

May the grace of the Jubilee reawaken in us, *Pilgrims of Hope*, a yearning for the treasures of heaven. May that same grace spread the joy and peace of our Redeemer throughout the earth. To you our God, eternally blessed, be glory and praise for ever. Amen

### Lenten Prayer - 1st Week of Lent

Lord God, you who breathed the spirit of life within me. Draw out of me the light and life you created. Help me to find my way back to you. Help me to use my life to reflect your glory and to serve others as your son Jesus did. Amen.

#### Catechetical Corner - Fast and Abstinence

Catechetical Corner - A.C.T.S. of Prayer. The three pillars or key words associated with Lent are: Pray, Fast & Give. Prayer can be very personal and private, we all have our own way, our own pattern and habit of prayer Which is how it should be. Maybe we talk to GOD in our own words, which is great, because it fosters a personal relationship with GOD. For others, the Rosary or other devotions are our go to way of praying, often we will offer these devotions for particular intentions, again, fantastic. For others still it may be a walk in the countryside - finding GOD through HIS creation; it may be reading the bible or any one of the very many other ways to pray, all of which have merit. You see prayer is an expression of our spirituality, spirituality is how we relate to GOD. And just like no two human relationships are the same, so too, no two 'spiritual' relationships are the same. How you relate to GOD is, and should be, different to how I relate to GOD. There is no right or wrong way. So, during Lent it is not just about the quantity of our prayer, it is not just about praying more but maybe praying smarter. Whatever way we pray, our prayer should be comprised of A.C.T.S., that is: Adoration, Contrition, Thanks and Supplication.

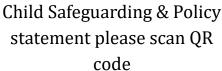
**Adoration**: Try to spend a few moments every day adoring or praising GOD. You don't have to visit the Church to do this, but before the Blessed Sacrament or at Mass is the most perfect way. In your prayer you can say something like: 'I/we adore you O Christ and I/ we bless you, because by Your holy cross You have redeemed the world.' That is only one suggestion, you could also adore GOD for the beauty of a sunset or a rainbow, or artistry and wonder of your body. Again, find your own way.

**Contrition**: The official Night Prayer of the Church, begins with an examination of conscience. Where those who are praying this prayer, are called to spend a few moments looking back over their day to see what they might need forgiveness for. This section of the prayer concludes with an act of sorrow and a prayer for forgiveness, something like the penitential rite at mass. If you have a couple of minutes before bed, perhaps try this during Lent, and maybe bring what you find to the Sacrament of Confession, the Sacrament of Reconciliation (confession) being the most perfect way to express our contrition.

**Thanks**: Take a few moments each day during your prayer and just say thank you to GOD. We have much to be thankful for. First and foremost for the gift of HIS Son to us. For the life, death & resurrection of Jesus which gives us the promise of eternal life. But also, our family, our health, our body, our home, the food we have and so much more. Everyday during Lent, try and find three things to say thank You to GOD for.

**Supplication:** A fancy word for bringing our intentions to GOD. Bring all your intentions to GOD, if you are praying for someone, try to mention their name, if there are too many to mention, or, like me, you can't remember them all, just commend them all to GOD, knowing that HE has 'called them by name'. Prayer is a relationship, if all we do is ask for things, we are missing out on the best part of just getting to know GOD and letting ourselves be loved by HIM. During Lent, pray smarter not harder and let yourself be loved.











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